

January 2024

# Our Most Read

## 'Good Stuff' in Review

Our mission involves both sharing the latest research conducted by our Fellows and building a community of lifelong leader-mentor practitioners.

That's what inspires us to feature "Good Stuff" that's influencing our community members' ability to be moral, purposeful, and emotionally intelligent leaders in our newsletter each month.

As we ring in 2024, here are our most read (often classic) books, articles, talks and resources shared over the past year:

> [Leading with Feeling: Nine Strategies of Emotional Intelligent Leadership](#)

by Cary Cherniss & Cornelia Roche

> [Permission to Feel: Unlocking the Power of Emotions to Help Our Kids, Ourselves, and Our Society Thrive](#) by Marc Brackett

> Why Our Screens Make Us Less Happy, a TED Talk by Dr. Adam Alter (or [How do you spend your magic time each day?](#))

> [Inside Japan's Long Experiment in Automating Elder Care](#) in *MIT Technology Review* (Jan 2023)

> [Consortium for Research on Emotional Intelligence in Organizations \(CREIO\)](#), our Future Leaders Academy impact assessment partner.



*What's at the top of your Good Stuff list for 2024?*

*We'd love to hear about it!*

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[think2perform Research Institute](#) has funded research and leadership development programs since its founding as a nonprofit 501(c)(3) in 2016.

Learn more about our:

- [Research Fellowships](#)
- [Future Leaders Academy](#) for youth

[Donate now](#) to support our mission to advance moral, purposeful, and emotionally intelligent leadership to inspire and engage current and emerging leaders.

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