

July 2023

Letter from the Executive Director



Pictured: The Future Leaders Academy's 1st and 2nd Generation on June 3, 2023 Mentorship Teams

On Mentoring: Self-Leadership Magic Hours

How do you spend your magic time each day?

Adam Alter's TED Talk, referenced in the Good Stuff above, asks that critical question of all of us.

What is magic time? Certainly, Dr. Alter says it better than I can, but fundamentally he's asking us how we dedicate time each day to making a contribution beyond



what we have to do (or simply, habitually do) each day.

For our Future Leaders Academy Mentors, they dedicate magic time each month to being a sounding board, listener, and active learner with and for a Future Leader. Typically, that magic time is focused on a particular goal they've set for the Mentorship.

For one Mentorship team a goal was to develop a business plan for a Future Leaders new, community-oriented entrepreneurial venture. For other Mentorship teams, magic time focused on the college application process, re-thinking a college major or transitioning to new career trajectory. Not necessarily easy stuff, but important, productive and real-world stuff that makes a lifelong difference.

That sounds like a magical time to me!

For another Mentorship team, magic time one month meant visiting the state legislature during a very busy recent legislative session, meeting our Mentor's legislator, and literally feeling what it's like to hold the convening gavel in the Future Leader's hand. That's magical and unforgettable for a budding politician and civic leader.

The Future Leaders Academy, fundamentally, is about building self-awareness which leads to self-leadership that forms the foundation for a life and career that's filled with magic time of personal passions for the benefit of self and others in our circle of influence.

One graduating Future Leader wrote the following note, in typically brilliant humility, after our Celebration event on June 3rd:



"I finally realized that it's now up to me to instill these lessons into my life and it's my responsibility to execute these lessons in the best way possible."

That's magic to me and to all of us who work every day to make the Future Leaders Academy a reality for Future Leaders and Mentors.

Thanks so much for everyone's support in realizing this dream of creating the Future Leaders Academy, a program that's more than just magic but impactful, transformational and meaning-rich.

During the June 3rd event, we kicked off the Mentorship for our 2nd Generation of Future Leaders and Mentors and we're excited to see how they will be dedicating their magic time together over the coming year! We're very impressed by the goals they've already set for themselves in their Mentorship Agreements.

And, like magic, we begin accepting 3rd Generation <u>Future Leaders Academy</u> applications - for Future Leaders AND Mentors - on July 15th.

Now, I'll get back to spending some of my magic time cultivating my food forest and garden for a healthier future.

- Brian Hammer, PhD

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