

## Research Fellowships Fellow Spotlight

## **Meet Our New Research Fellows**

Fellowship support for research is an important element of think2perform
Research Institute's mission. Our Research Fellowship program was created in an effort to support doctoral candidates, post-docs and junior faculty in their quest to ask new questions and seek research-based findings to inform morally intelligent, purposeful, and emotionally intelligent leadership practice in the 21st Century. At the start of the new year, we are proud to introduce our two new research fellows and their timely research:

Meet Monalisa Saikia. She is a Ph.D. scholar in the
Department of Nursing at Manipal College of Nursing,
Manipal Academy of Higher Education, in Karnataka, India.
Monalisa obtained her bachelor's degree in nursing in 2011.
She worked as a staff nurse for a year before completing a master's in psychiatric and mental health nursing in 2015,
followed by working closely with patients with mental illness



and their families as a staff nurse for two years. Monalisa's current research project, combining her interests in mental health and organizational psychology,



seeks to observe whether emotional intelligence influences nurses' intrinsic motivation, self-compassion, emotional labor, and vice-versa. At this time of tremendous stress on nurses, Monalisa's goal is to understand ways to have a positive impact on nurses' emotional and mental health.

Meet **Udayan Dhar**. He is a Ph.D. candidate in organizational behavior at Case Western Reserve University in Cleveland. Udayan's research is inspired by the tenets of positive psychology and focuses on development and change in organizations from the perspective of a complex system. He has published his work in journals such as the American Psychological Association's Consulting Psychology Journal



and has also had the opportunity to present at academic conferences such as Academy of Management meetings. He is currently co-facilitating a sustainable management program for emerging student leaders. For his research project, Udayan is researching how emotional intelligence-based coaching can help leaders understand and address feelings of "in-betweenness."

**Learn more about the Research Fellowships** <a href="here">here</a>
Fellowship proposals accepted through January 15 & June 1 each year.

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